

DIABETES SYMPOSIUM AGENDA

Day 2 - 8.Nov.2025

Saturday

10:00 - 11:15	Session 1: Beyond Teaching: The Diabetes Educator As Advocate, Counselor, And Collaborator	
	Moderator: Suhad Marjei, SKMC	
10:00 - 10:15	Guiding Patients Toward Empowerment and Self-Management	Nancy Ideas
10:15 - 10:30	Beyond the Diabetes Education Clinic – Empowering Communities Through Advocacy and Education	Iffat Elbarazi
10:30 - 10:45	Building Effective Diabetes Education Sessions	Intisar Doghaimat
10:45 - 11:00	From struggle to strength: Educating for a Better Diabetes Management	Lina Majd
11:00 - 11:15	Panel Discussion	
11:15 - 11:30	Coffee Break	
11:30 - 12:45	Session 2: Caring for the Body, Healing for the Mind: Holistic Approach to Diabetes Well-being	
	Moderator: Marwa Kahwatia, SKMC	
11:30 - 11:45	Mental Well-being and Addressing Diabetes Distress	Senae Habib Alla
11:45 - 12:00	Physical Wellbeing: Active Management Strategies for a Healthier Life	Sana Roubi
12:00 - 12:15	Food for Life: Embracing Healthy Eating	Dana Al Hassan
12:15 - 12:30	Pills, Pricks, and Pitfalls: Navigating Medication Challenges in Diabetes Care	Azhar Talal
12:30 - 12:45	Panel Discussion	
12:45 - 14:00	Lunch Break	
14:00 - 16:00	Session 3: From Data to Decisions: Technology's Role in Diabetes Care	
	Moderator: Lina Majd, Tawam Hospital	
14:00 - 14:20	Above and Beyond: The Next Frontier	May Abu Galala
14:20 - 14:40	Digital Diabetes: Empowering Patients Through Technology	Marwa Kahwatia
14:40 - 15:00	Panel Discussion	
15:00 - 15:45	Hands on	All Educators
15:45 - 16:00	Closing & Evaluation	Suhad Marjei

Last Update on 29 Sep 2025